



psychotherapyUK
counselling solutions

Identifying and Understanding Eating Disorders

Sample feedback:

'Very good trainers. Enjoyed interaction between Laura & Sharon - worked well together.'

'Really enjoyed the creative supervision.
Very helpful and enlightening.'

'All excellent! Wish we had more time to go on and on and on!'

Working with people who Self-Harm

Sample feedback:

'Can't wait for the next one! Really enjoyed (the workshop)!'.

'Thoroughly enjoyed the warmth, the humour, the mutual respect.
Will search out further workshops.'

'Looking forward to applying the insights.'

'Thank you very much. I felt safe and valued by you and the other participants.'